



Daily Special
Includes fruit and vegetable choices,
whole grain breads or rolls, and milk

Daily Choices
NEW!
Plant Based Entrées

Pizza Choices
Wraps
Fresh Salads



Monday	Tuesday	Wednesday	Thursday	Friday
3 Pizza Boli w/ Tomato Basil Sauce	4 Crispy Chicken Nuggets w/Breadstick Homemade Black Bean & Corn Salsa	5 "Way Cool Wednesday" Mini Corn Dogs BBQ Baked Beans 100% Juice Slushie	6 Homemade Macaroni & Cheese V Steamed Broccoli February Birthday Treats!	7 Sloppy Joe on a Bun Seasoned Sweet Corn
10 *Memphis BBQ Rib Sandwich Seasoned Crinkle Fries	11 NEW! Pizza Quesadilla	12 Chicago Style Hot Dog with all the Trimmings Seasoned Crinkle Fries	13 Popcorn Chicken Bowl w/Mashed Potatoes Sweet Corn & Gravy	14 Buttermilk Pancakes w/Sausage Potato Puffs
17 No School	18 No School	19 "Way Cool Wednesday" <i>Pizza Burger</i> Seasoned Crinkle Fries 100% Juice Slushie	20 Crispy Chicken Strips w/Herbed Breadstick Seasoned Sweet Corn	21 Lucky Tray Day! Mini Corn Dogs Fresh Coleslaw
24 French Toast Sticks Sweet Maple Syrup Potato Puffs	25 <i>Chipotle Chicken Burrito Bowl</i> Salsa & Jalapeños Refried Beans	26 Whole Grain Soft Pretzel & Cheese Sauce Steamed Broccoli	27 <i>Homemade Chicken Pot Pie on a Whole Grain Biscuit</i>	28 Mozzarella Sticks w/Tomato Basil Dipping Sauce
<p>Crispy Regular or Spicy Baked Chicken Sandwich Char Grilled Hamburgers, Cheeseburgers, or Plant Based Burgers- New Nacho Supreme w/Cheddar Cheese and Jalapeños Triple Decker SunButter & Jelly Sandwich</p>				
NEW Plant Based Meat-less Meatball Sub	NEW Plant Based Buddha Bowl	NEW Plant Based Lentil Pasta Marinara	NEW Plant Based Chicken-less Nuggets	NEW Plant Based Southwest Chicken-less Wrap
Italian Cheese or Pepperoni Pizza	Pizza Dippers w/Marinara Sauce	Italian Cheese or Pepperoni Pizza	Stuffed Crust Cheese Pizza	Italian Cheese or Pepperoni Pizza
Chicken Caesar	Turkey & Cheese with Lettuce	Chicken Ranch	Turkey & Cheese with Lettuce	Chicken Caesar
Crispy Chicken Ranch Salad	Crispy Chicken Caesar Salad	Crispy Chicken Ranch Salad	Crispy Chicken Caesar Salad	Crispy Chicken Ranch Salad

V=Vegetarian option available
 **Served with a roll
 *Contains or may contain pork ingredients.

Menu changes are occasionally necessary. Notice will be given when possible.



Millburn SD 24 February 2020

Lunch
\$2.90
 Milk included w/ Meal

Milk
\$.60
 Variety Offered Daily

Fruit & Veggie Bar available daily with all lunches

Arbor A+ Nutrition Mission
 To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ Plant based entrée options

-Arbor Management-

Make Choices for a Healthy Lifestyle!



 For more information or to "Ask the Dietitian", check out our website!

Questions about the menu?
 Karel Wells
 kwells@millburn24.net
 (630) 415-8059

Comprehensive nutrition & allergy guides are available in the Foodservice Office.